



Town of Estes Park - Senior Services  
Estes Park Senior Center  
220 Fourth Street  
Estes Park, Colorado 80517  
[www.estes.org/seniorcenter](http://www.estes.org/seniorcenter)

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### **Medicare 101: Learn the basics**

It's a fact, understanding the many facets of Medicare can be daunting. Now you can learn the basics or get a great refresher in Estes Park in June. The University of Colorado Health's Aspen Club will offer a free program called Medicare 101 on Tuesday, June 9 from 1:00 to 2:30 p.m. at the Estes Park Senior Center, 220 Fourth Street. No advance registration is needed.

If you are new to Medicare or will be enrolling in Medicare in the near future or if you assist someone with Medicare claims, this program will provide the basic knowledge needed to understand Medicare. This presentation will provide an overview of Medicare benefits, supplemental insurance, Medicare Advantage plans, prescription drug plans, preventative services and how Medicare works with employer health insurance.

In addition to this program, the Aspen Club offers 45-minute Medicare counseling sessions once a month at the Senior Center. Individual appointments can be made by calling the Senior Center at (970) 586-2996. There is no charge. The next counseling date is Wednesday, June 24 from 9:15 a.m. to 3:00 p.m.

These programs are co-sponsored by the Town of Estes Park's Senior Services Division, Estes Park Senior Citizens Center, Inc. and the Aspen Club of the University of Colorado Health. The Aspen Club was established in 1989 to provide a wide range of health education, screenings, hospital discounts and social opportunities to residents in Larimer County. For more information on the Aspen Club, please visit their website at [www.pvhs.org](http://www.pvhs.org) or call (970) 495-8560 in Fort Collins or (970) 624-1860 in Loveland.

For more information, please contact the Estes Park Senior Center at (970) 586-2996 or visit the Center at 220 Fourth Street, Monday through Friday between 9:00 a.m. and 4:00 p.m. Please visit the Senior Center website at [www.estes.org/seniorcenter](http://www.estes.org/seniorcenter). To receive Senior Services news in your e-mail inbox, please e-mail [lmitchell@estes.org](mailto:lmitchell@estes.org).

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